

NCCP level: Community Sport Coach

Coaching Association of Canada (CAC) Context: **Community Sport Initiation**

OLD NCCP Level: N/A

Swimmer Level: Non-Competitive swimmer in a Swimming Canada Club, Summer Club

Athlete Development Stage: **Fundamental**

Course Pre-Requisites: 15 years old

Course work: **Step 1** **Community Sport Coach Course**
(8 hours)

NCCP status changes to: Community Sport Coach "In-Training"

Make Ethical Decisions: **Step 2** **Make Ethical Decisions (MED) Training Course (optional)**
May be taken at any time in the training pathway. There is one MED training course for all contexts. Required for NCCP transcript "Trained" status.

NCCP status changes to: Community Sport Coach "Trained"

NCCP level:**Fundamentals Coach (level 1)**Coaching Association of
Canada (CAC) Context:**Competition Introduction**

OLD NCCP Level:

Level 1

Swimmer Level:

Entry level local & regional swimmer in a Swimming Canada Club, Summer Club

Athlete Development Stage:**"Learn to Train"****Course Pre-Requisites:**

16 years old

Pre-course work:**Step 1****Swimming 101 Pre-Course Online Workbook**
(must be completed before attending Swimming 101)**NCCP status changes to:****Fundamentals Coach "In-Training"****Course work:****Step 2****Swimming 101 Course**
(2.5 days)**Make Ethical Decisions:****Step 3****Make Ethical Decisions (MED) Training Course (optional)***May be taken at any time in the training pathway. There is one MED training course for all contexts.
Required for NCCP transcript "Trained" status.***NCCP status changes to:****Fundamentals Coach "Trained"****Required Evaluation:****Step 4****Fundamentals Coach Portfolio***Includes assessment by a coach-selected assessor***Make Ethical Decisions
Evaluation:****Step 5****Make Ethical Decisions Online Evaluation (Competition Introduction)***Note: if you have not taken the MED training, you will be charged a fee when you take the online
evaluation.***NCCP status changes to:****Fundamentals Coach "Certified"**

NCCP Level:

Age Group Coach (level 2)

Coaching Association of Canada (CAC) Context:

Competition Introduction Advanced

OLD NCCP Level:

Level 2

Swimmer Level:

Developing Provincial qualifier to Age National & East/West swimmer

Athlete Development Stage:

"Train to Train"

Course Pre-Requisites:

18 years old

Fundamentals Coach trained (Swimming 101) or equivalent

Pre-course Training:

(taken through your provincial or territorial coaching association)

Step 1

Multi-Sport Modules

(must be completed before attending Swimming 201)

1 - Design a Basic Sport Program

2 - Basic Mental Skills

3 - Teaching and Learning

Pre-course work:

Step 2

Swimming 201 Pre-Course Online Workbook

(must be completed before attending Swimming 201)

NCCP status changes to:

Age Group Coach "In-Training"

Course work:

Step 3

Swimming 201 Course

(3 days)

Make Ethical Decisions Training:

Step 4

Make Ethical Decisions (MED) Training Course (optional)

May be taken at any time in the training pathway. There is one MED training course for all contexts. Required for NCCP transcript "Trained" status.

NCCP status changes to:

Age Group Coach "Trained"

Required Evaluation:

Step 5

Age Group Coach Portfolio

Step 6

Evaluation at a Competition

Make Ethical Decisions Evaluation:

Step 7

Make Ethical Decisions Online Evaluation (Competition Introduction)

Note: if you have not taken the MED training, you will be charged a fee when you take the online evaluation.

NCCP status changes to:

Age Group Coach "Certified"

NCCP Level: Senior Coach (level 3)**Coaching Association of Canada (CAC) Context:****Competition Development****OLD NCCP Level:**

Level 3

Swimmer Level:

Eastern/Western Championship finalist, Canadian Interuniversity Sport qualifier, Senior National swimmer, Para CAN-AM finalist

Athlete Development Stages:**Late "Train to Train" & "Train to Compete"****Course Pre-Requisites:**

20 years old

Age Group Coach trained (Swimming 201) or equivalent

Pre-requisite Training:**Step 1****Multi-Sport Modules**

(must be completed before attending Swimming 301 course)

(taken through your provincial or territorial coaching association)

1 - Coaching & Leading Effectively

2 - Developing Athletic Abilities

3 - Psychology of Performance

4 - Managing Conflict

5 - Prevention and Recovery

6 - Leading Drug Free Sport

Pre-course work:**Step 2****Swimming 301 Online Workbook**

(must be completed before attending Swimming 301 course)

NCCP status changes to:**Senior Coach "In-Training"****Course work:****Step 3****Swimming 301 Course**

(4.5 days)

Make Ethical Decisions:**Step 4****Making Ethical Decisions (MED) Training Course (optional)***May be taken at any time in the training pathway. There is one MED training course for all contexts. Required for NCCP transcript "Trained" status.***NCCP status changes to:****Senior Coach "Trained"****Required Evaluation:****Step 5****Senior Coach Portfolio A****Step 6****Senior Coach Portfolio B****Step 7****Evaluation at a Practice****Step 8****Senior Coach Portfolio C****Step 9****Evaluation at a Competition****Make Ethical Decisions Evaluation:****Step 10****Make Ethical Decisions Online Evaluation (Competition Development)***Note: if you have not taken the MED training, you will be charged a fee when you take the online evaluation.***NCCP status changes to:****Senior Coach "Certified"**