2019-2020 Long Course Standards / Standards Grand Bassin

	Female / Femmes						Male / Hommes								
	11&Under / 11ans & moins	12 Years / 12 ans	13 Years / 13 ans	14 Years / 14 ans	15 Years / 15 ans	16 & Over / 16 ans et plus	16 & Over / 16 ans et plus	15 Years / 15 ans	14 Years / 14 ans	13 Years / 13 ans	12 Years / 12 ans	11&Under / 11ans & moins			
AA	35.39	34.64	33.94	33.29	32.66	32.09	30.06	30.79	31.58	32.38	33.27	34.22	AA	50	Free / Libre
A	37.44	36.24	35.28	34.32	33.60	32.88	30.96	31.68	32.64	33.60	34.80	36.00	A		
B	40.80	40.00	38.80	37.60	36.00	34.80	32.00	35.20	36.40	38.00	40.00	41.20	B		
AA	1:18.92	1:16.66	1:14.66	1:12.84	1:11.20	1:09.76	1:05.66	1:07.34	1:09.20	1:11.12	1:13.26	1:15.62	AA	100	
A	1:22.56	1:19.68	1:17.28	1:14.40	1:13.44	1:11.52	1:07.68	1:09.60	1:11.52	1:13.44	1:16.32	1:19.20	A		
B	1:29.10	1:25.50	1:22.80	1:21.00	1:18.30	1:15.60	1:12.00	1:16.50	1:20.10	1:22.80	1:26.40	1:30.00	B		
AA	2:51.92	2:46.72	2:42.04	2:37.92	2:34.24	2:31.00	2:23.16	2:26.28	2:29.84	2:33.48	2:37.52	2:42.00	AA	200	
A	3:00.48	2:53.76	2:48.00	2:43.20	2:38.40	2:35.52	2:28.80	2:31.68	2:35.52	2:41.28	2:46.08	2:51.84	A		
B	3:26.00	3:18.00	3:02.00	2:56.00	2:52.00	2:46.00	2:36.00	2:42.00	2:56.00	3:02.00	3:20.00	3:32.00	B		
AA	6:01.76	5:51.76	5:42.88	5:34.88	5:27.76	5:21.52	5:07.92	5:15.28	5:23.68	5:32.48	5:42.56	5:53.76	AA	400	
A	6:18.24	6:06.72	5:55.20	5:43.68	5:36.00	5:28.32	5:18.72	5:26.40	5:34.08	5:47.52	5:59.04	6:10.56	A		
B	7:08.00	6:52.00	6:32.00	6:12.00	5:56.00	5:48.00	5:32.00	5:44.00	6:16.00	6:32.00	6:56.00	7:16.00	B		
AA	12:33.76	12:10.72	11:50.56	11:32.80	11:17.60	11:04.48	10:43.84	10:58.24	11:15.68	11:35.04	11:58.08	12:25.28	AA	800	
A	13:07.20	12:40.32	12:17.28	11:54.24	11:38.88	11:23.52	11:08.16	11:23.52	11:38.88	12:05.76	12:32.64	12:59.52	A		
B	14:24.00	14:00.00	13:36.00	13:12.00	12:24.00	11:44.00	11:36.00	12:00.00	13:04.00	13:36.00	14:24.00	15:04.00	B		
AA	25:13.92	24:15.04	23:24.16	22:40.32	22:03.20	21:31.84	20:42.56	21:14.24	21:51.04	22:29.76	23:14.24	24:04.16	AA	1500	
A	26:14.40	25:12.96	24:19.20	23:25.44	22:47.04	22:16.32	21:14.88	21:45.60	22:24.00	23:10.08	24:03.84	25:05.28	A		
B	27:44.00	26:40.00	25:36.00	24:32.00	23:28.00	22:56.00	21:52.00	22:56.00	24:16.00	25:36.00	26:24.00	27:44.00	B		
AA	41.47	40.49	39.60	38.79	38.02	37.35	35.10	35.86	36.68	37.46	38.30	39.16	AA	50	Back / Dos
A	43.92	42.48	41.28	39.84	39.12	38.40	36.48	37.44	38.16	39.36	40.56	41.76	A		
B	48.00	47.20	45.20	43.60	42.00	40.40	38.40	40.80	42.80	44.40	48.00	48.80	B		
AA	1:28.30	1:25.84	1:23.56	1:21.54	1:19.72	1:18.08	1:14.16	1:16.14	1:18.38	1:20.72	1:23.36	1:26.30	AA	100	
A	1:33.60	1:30.72	1:27.84	1:24.48	1:23.04	1:21.12	1:17.76	1:19.68	1:21.60	1:24.48	1:27.36	1:30.72	A		
B	1:48.00	1:42.60	1:38.10	1:32.70	1:29.10	1:27.30	1:21.90	1:27.30	1:30.90	1:35.40	1:42.60	1:48.90	B		
AA	3:17.68	3:10.52	3:04.12	2:58.48	2:53.52	2:49.24	2:41.96	2:45.60	2:49.76	2:54.08	2:58.88	3:04.24	AA	200	
A	3:26.40	3:17.76	3:10.08	3:04.32	2:59.52	2:54.72	2:48.96	2:53.76	2:57.60	3:03.36	3:10.08	3:15.84	A		
B	3:50.00	3:42.00	3:32.00	3:26.00	3:16.00	3:06.00	2:58.00	3:06.00	3:18.00	3:26.00	3:48.00	3:56.00	B		
AA	45.59	44.66	43.78	42.96	42.18	41.46	38.11	38.96	39.88	40.77	41.74	42.75	AA	50	Breast / Brasse
A	48.48	47.04	45.60	44.40	43.44	42.72	40.08	41.04	42.00	43.20	44.64	45.84	A		
B	55.60	54.00	50.80	48.40	46.80	46.00	43.60	45.60	46.80	49.60	54.40	57.60	B		
AA	1:41.42	1:38.56	1:35.98	1:33.66	1:31.58	1:29.70	1:24.38	1:27.02	1:30.02	1:33.18	1:36.76	1:40.74	AA	100	
A	1:46.56	1:42.72	1:39.84	1:36.48	1:34.08	1:32.64	1:27.84	1:30.24	1:33.12	1:36.48	1:40.80	1:44.64	A		
B	1:55.20	1:51.60	1:48.00	1:44.40	1:42.60	1:39.90	1:30.90	1:37.20	1:39.90	1:45.30	1:53.40	1:57.90	B		
AA	3:37.60	3:31.56	3:26.08	3:21.12	3:16.68	3:12.68	3:04.20	3:09.92	3:16.52	3:23.56	3:31.52	3:40.52	AA	200	
A	3:49.44	3:41.76	3:34.08	3:28.32	3:22.56	3:18.72	3:11.04	3:17.76	3:22.56	3:31.20	3:38.88	3:48.48	A		
B	4:24.00	4:10.00	4:00.00	3:52.00	3:46.00	3:40.00	3:18.00	3:28.00	3:40.00	3:48.00	4:04.00	4:26.00	B		
AA	38.26	37.49	36.76	36.08	35.43	34.83	32.67	33.44	34.27	35.11	36.03	37.01	AA	50	Fly / Papillon
A	40.80	39.60	38.40	37.44	36.72	35.76	33.84	34.56	35.52	36.72	37.92	39.12	A		
B	50.00	47.20	45.20	41.60	39.60	38.80	36.80	38.00	39.60	44.40	47.20	50.00	B		
AA	1:26.66	1:24.12	1:21.80	1:19.70	1:17.84	1:16.16	1:11.84	1:14.06	1:16.58	1:19.30	1:22.36	1:25.80	AA	100	
A	1:32.16	1:29.28	1:25.92	1:23.04	1:21.12	1:19.68	1:15.36	1:17.28	1:19.68	1:22.56	1:25.92	1:29.28	A		
B	1:49.80	1:44.40	1:39.00	1:34.50	1:28.20	1:26.40	1:20.10	1:25.50	1:29.10	1:36.30	1:43.50	1:49.80	B		
AA	3:16.56	3:10.04	3:04.28	2:59.20	2:54.76	2:50.92	2:41.96	2:47.00	2:52.88	2:59.32	3:06.72	3:15.16	AA	200	
A	3:28.32	3:21.60	3:13.92	3:08.16	3:03.36	2:59.52	2:49.92	2:54.72	2:59.52	3:07.20	3:14.88	3:23.52	A		
B	4:02.00	3:52.00	3:40.00	3:30.00	3:18.00	3:12.00	3:02.00	3:12.00	3:22.00	3:36.00	3:52.00	4:04.00	B		
														100	IM / QNI
AA	3:14.60	3:08.88	3:03.72	2:59.16	2:55.08	2:51.52	2:42.84	2:46.80	2:51.36	2:56.12	3:01.48	3:07.48	AA	200	
A	3:24.48	3:17.76	3:11.04	3:05.28	3:00.48	2:56.64	2:48.96	2:52.80	2:57.60	3:03.36	3:11.04	3:17.76	A		
B	4:08.00	3:58.00	3:34.00	3:22.00	3:10.00	3:08.00	3:04.00	3:12.00	3:24.00	3:40.00	4:06.00	4:16.00	B		
AA	6:54.16	6:41.92	6:30.96	6:21.20	6:12.64	6:05.04	5:51.52	6:01.60	6:13.52	6:26.48	6:41.60	6:58.96	AA	400	
A	7:13.92	7:00.48	6:47.04	6:33.60	6:24.00	6:16.32	6:02.88	6:12.48	6:24.00	6:37.44	6:54.72	7:12.00	A		
B	8:20.00	7:56.00	7:32.00	7:08.00	6:52.00	6:40.00	6:32.00	6:48.00	7:12.00	7:44.00	8:16.00	8:48.00	B		

2019-2020 Short Course Standards / Standards Petit Bassin

	Female / Femmes						Male / Hommes								
	11&Under / 11ans & moins	12 Years / 12 ans	13 Years / 13 ans	14 Years / 14 ans	15 Years / 15 ans	16 & Over / 16 ans et plus	16 & Over / 16 ans et plus	15 Years / 15 ans	14 Years / 14 ans	13 Years / 13 ans	12 Years / 12 ans	11&Under / 11ans & moins			
AA	34.31	33.59	32.90	32.28	31.67	31.12	29.18	29.88	30.66	31.42	32.28	33.20	AA	50	Free / Libre
A	36.24	35.28	34.08	33.12	32.40	31.92	29.76	30.72	31.44	32.40	33.60	34.56	A		
B	39.60	38.80	37.60	36.80	35.20	34.00	31.20	34.00	35.20	36.80	38.80	40.00	B		
AA	1:16.74	1:14.52	1:12.52	1:10.76	1:09.22	1:07.80	1:03.16	1:04.74	1:06.56	1:08.42	1:10.44	1:12.76	AA	100	
A	1:20.64	1:17.76	1:14.88	1:12.48	1:11.04	1:09.60	1:05.28	1:06.72	1:08.64	1:11.04	1:13.44	1:16.32	A		
B	1:27.30	1:23.70	1:21.00	1:19.20	1:16.50	1:13.80	1:09.30	1:13.80	1:17.40	1:20.10	1:23.70	1:27.30	B		
AA	2:47.44	2:42.48	2:37.88	2:33.84	2:30.28	2:27.04	2:18.68	2:21.64	2:25.08	2:28.56	2:32.48	2:36.96	AA	200	
A	2:55.68	2:48.96	2:43.20	2:38.40	2:34.56	2:31.68	2:24.00	2:26.88	2:30.72	2:35.52	2:40.32	2:46.08	A		
B	3:22.00	3:14.00	2:58.00	2:52.00	2:48.00	2:42.00	2:32.00	2:38.00	2:52.00	2:58.00	3:14.00	3:26.00	B		
AA	5:53.20	5:43.68	5:34.80	5:26.96	5:20.08	5:14.00	4:57.44	5:04.48	5:12.88	5:21.20	5:30.72	5:41.76	AA	400	
A	6:10.56	5:57.12	5:45.60	5:34.08	5:28.32	5:20.64	5:09.12	5:14.88	5:24.48	5:36.00	5:47.52	5:59.04	A		
B	7:00.00	6:44.00	6:24.00	6:04.00	5:48.00	5:40.00	5:24.00	5:36.00	6:04.00	6:20.00	6:44.00	7:04.00	B		
AA	12:18.08	11:55.36	11:36.00	11:18.08	11:03.36	10:50.72	10:25.12	10:39.04	10:56.00	11:14.40	11:37.44	12:03.52	AA	800	
A	12:51.84	12:24.96	12:01.92	11:38.88	11:23.52	11:08.16	10:48.96	11:04.32	11:19.68	11:42.72	12:09.60	12:36.48	A		
B	14:08.00	13:44.00	13:20.00	12:56.00	12:08.00	11:36.00	11:20.00	11:44.00	12:48.00	13:12.00	14:00.00	14:40.00	B		
AA	24:40.64	23:43.36	22:52.80	22:10.56	21:33.76	21:02.72	20:01.28	20:31.68	21:07.52	21:44.64	22:28.16	23:16.48	AA	1500	
A	25:43.68	24:42.24	23:48.48	22:54.72	22:16.32	21:45.60	20:36.48	21:07.20	21:37.92	22:24.00	23:17.76	24:11.52	A		
B	27:12.00	26:08.00	25:04.00	24:00.00	23:12.00	22:40.00	21:20.00	22:24.00	23:28.00	24:48.00	25:36.00	26:56.00	B		
AA	39.86	38.94	38.08	37.31	36.55	35.90	33.50	34.23	35.01	35.77	36.56	37.35	AA	50	Back / Dos
A	42.24	41.04	39.60	38.40	37.68	36.96	34.56	35.52	36.24	37.20	38.40	39.60	A		
B	46.40	45.60	43.60	42.00	40.40	39.20	36.40	38.80	40.80	42.40	45.60	46.40	B		
AA	1:24.88	1:22.50	1:20.30	1:18.36	1:16.62	1:15.06	1:10.88	1:12.78	1:14.92	1:17.14	1:19.68	1:22.48	AA	100	
A	1:29.76	1:26.88	1:24.48	1:21.12	1:19.68	1:17.76	1:14.40	1:15.84	1:18.24	1:20.64	1:23.52	1:26.88	A		
B	1:44.40	1:39.00	1:34.50	1:29.10	1:26.40	1:24.60	1:18.30	1:23.70	1:27.30	1:31.80	1:38.10	1:44.40	B		
AA	3:11.44	3:04.48	2:58.32	2:52.88	2:48.08	2:43.92	2:34.68	2:38.24	2:42.24	2:46.36	2:51.04	2:56.04	AA	200	
A	3:19.68	3:11.04	3:04.32	2:58.56	2:53.76	2:49.92	2:41.28	2:46.08	2:49.92	2:55.68	3:01.44	3:07.20	A		
B	3:44.00	3:36.00	3:26.00	3:20.00	3:10.00	3:02.00	2:50.00	2:58.00	3:10.00	3:18.00	3:38.00	3:46.00	B		
AA	43.71	42.84	42.00	41.21	40.47	39.78	36.20	37.02	37.88	38.74	39.65	40.61	AA	50	Breast / Brasse
A	46.32	45.12	43.92	42.48	41.76	40.80	37.68	38.64	39.60	40.80	42.00	43.44	A		
B	53.60	52.00	48.80	46.40	45.20	44.40	41.20	43.20	44.40	46.80	51.60	54.40	B		
AA	1:37.56	1:34.70	1:32.30	1:30.06	1:28.06	1:26.18	1:20.30	1:22.76	1:25.70	1:28.66	1:32.02	1:35.90	AA	100	
A	1:42.24	1:38.88	1:36.00	1:32.64	1:30.72	1:28.80	1:23.52	1:25.92	1:28.32	1:32.16	1:36.00	1:39.36	A		
B	1:51.60	1:48.00	1:44.40	1:40.80	1:39.00	1:36.30	1:27.30	1:32.70	1:35.40	1:40.80	1:48.00	1:52.50	B		
AA	3:29.32	3:23.52	3:18.24	3:13.52	3:09.20	3:05.40	2:55.76	3:01.16	3:07.32	3:14.24	3:21.64	3:30.40	AA	200	
A	3:40.80	3:33.12	3:26.40	3:19.68	3:14.88	3:11.04	3:02.40	3:08.16	3:12.96	3:21.60	3:29.28	3:37.92	A		
B	4:14.00	4:02.00	3:52.00	3:44.00	3:38.00	3:32.00	3:10.00	3:20.00	3:30.00	3:38.00	3:54.00	4:14.00	B		
AA	37.23	36.44	35.74	35.08	34.46	33.88	31.68	32.43	33.25	34.07	34.94	35.89	AA	50	Fly / Papillon
A	39.60	38.40	37.44	36.24	35.52	34.80	32.64	33.36	34.32	35.52	36.48	37.68	A		
B	48.80	46.00	44.00	40.80	38.80	38.00	35.60	36.80	38.40	42.80	45.60	48.40	B		
AA	1:24.34	1:21.90	1:19.66	1:17.62	1:15.76	1:14.16	1:09.02	1:11.16	1:13.62	1:16.20	1:19.16	1:22.50	AA	100	
A	1:29.76	1:26.88	1:23.52	1:21.12	1:19.20	1:17.28	1:12.00	1:14.40	1:16.32	1:19.20	1:22.56	1:25.92	A		
B	1:47.10	1:41.70	1:37.20	1:32.70	1:26.40	1:24.60	1:17.40	1:22.80	1:26.40	1:32.70	1:39.90	1:46.20	B		
AA	3:12.12	3:05.88	3:00.08	2:55.24	2:50.84	2:47.04	2:36.24	2:41.04	2:46.76	2:52.88	2:59.96	3:08.24	AA	200	
A	3:23.52	3:16.80	3:09.12	3:03.36	2:59.52	2:55.68	2:44.16	2:48.96	2:53.76	3:00.48	3:07.20	3:16.80	A		
B	3:58.00	3:48.00	3:36.00	3:26.00	3:14.00	3:08.00	2:56.00	3:06.00	3:16.00	3:30.00	3:44.00	3:56.00	B		
AA	1:26.98	1:24.46	1:22.08	1:20.06	1:18.24	1:16.66	1:11.66	1:13.48	1:15.42	1:17.44	1:19.88	1:22.48	AA	100	IM / QNI
A	1:35.52	1:32.16	1:27.36	1:24.00	1:21.12	1:19.68	1:15.84	1:17.76	1:20.64	1:24.48	1:28.80	1:32.16	A		
B	1:51.60	1:47.10	1:36.30	1:30.90	1:25.50	1:24.60	1:21.00	1:24.60	1:30.00	1:37.20	1:48.90	1:53.40	B		
AA	3:08.16	3:02.72	2:57.72	2:53.20	2:49.28	2:45.88	2:36.44	2:40.36	2:44.68	2:49.16	2:54.48	3:00.12	AA	200	
A	3:17.76	3:11.04	3:05.28	2:58.56	2:54.72	2:50.88	2:42.24	2:46.08	2:49.92	2:55.68	3:03.36	3:10.08	A		
B	3:48.00	3:38.00	3:26.00	3:16.00	3:08.00	3:02.00	2:56.00	3:02.00	3:12.00	3:24.00	3:36.00	3:48.00	B		
AA	6:42.72	6:30.96	6:20.32	6:10.72	6:02.40	5:55.12	5:39.52	5:49.52	6:00.80	6:13.60	6:28.24	6:45.20	AA	400	
A	7:02.40	6:48.96	6:35.52	6:22.08	6:12.48	6:04.80	5:51.36	5:59.04	6:10.56	6:25.92	6:39.36	6:58.56	A		
B	8:00.00	7:48.00	7:12.00	6:56.00	6:40.00	6:20.00	6:12.00	6:32.00	6:48.00	7:12.00	7:48.00	8:00.00	B		