



Female 2021-2024 EST & Next Gen SNB								Male 2021-2024 EST & Next Gen SNB								
13		14		15		16&Over			14		15		16		17&Over	
SC	LC	SC	LC	SC	LC	SC	LC		SC	LC	SC	LC	SC	LC	SC	LC
00:29,03	00:29,61	00:28,42	00:28,99	00:28,20	00:28,76	00:27,84	00:28,40	50 Free	00:26,56	00:27,09	00:25,94	00:26,46	00:25,56	00:26,07	00:25,05	00:25,55
01:03,15	01:04,41	01:01,79	01:03,03	01:01,08	01:02,30	01:00,12	01:01,32	100 Free	00:57,85	00:59,01	00:56,50	00:57,63	00:55,56	00:56,67	00:54,32	00:55,41
02:17,48	02:20,23	02:14,08	02:16,76	02:12,41	02:15,06	02:10,12	02:12,72	200 Free	02:07,16	02:09,70	02:03,83	02:06,31	02:01,70	02:04,13	01:58,80	02:01,18
04:51,05	04:56,87	04:44,74	04:50,43	04:41,63	04:47,26	04:37,06	04:42,60	400 Free	04:31,73	04:37,16	04:24,62	04:29,91	04:20,90	04:26,12	04:15,18	04:20,28
09:57,39	10:09,34	09:49,52	10:01,31	09:40,96	09:52,58	09:32,66	09:44,11	800 Free	09:22,98	09:34,24	09:11,46	09:22,49	09:03,68	09:14,55	08:55,04	09:05,74
19:12,10	19:35,14	18:54,84	19:17,54	18:52,43	19:15,08	18:33,38	18:55,65	1500 Free	17:54,69	18:16,18	17:37,53	17:58,68	17:19,17	17:39,95	17:08,48	17:29,05
00:32,40	00:33,05	00:32,40	00:33,05	00:32,40	00:33,05	00:32,40	00:33,05	50 Back	00:29,29	00:29,88	00:29,29	00:29,88	00:29,29	00:29,88	00:29,29	00:29,88
01:11,60	01:13,03	01:09,63	01:11,02	01:08,75	01:10,13	01:07,29	01:08,64	100 Back	01:05,87	01:07,19	01:04,12	01:05,40	01:03,33	01:04,60	01:01,31	01:02,54
02:34,56	02:37,65	02:30,61	02:33,62	02:28,63	02:31,60	02:25,83	02:28,75	200 Back	02:22,79	02:25,65	02:19,18	02:21,96	02:17,30	02:20,05	02:14,32	02:17,01
00:35,97	00:36,69	00:35,97	00:36,69	00:35,97	00:36,69	00:35,97	00:36,69	50 Breast	00:31,80	00:32,44	00:31,80	00:32,44	00:31,80	00:32,44	00:31,80	00:32,44
01:21,62	01:23,25	01:19,11	01:20,69	01:18,44	01:20,01	01:17,30	01:18,85	100 breast	01:14,14	01:15,62	01:12,01	01:13,45	01:10,54	01:11,95	01:09,46	01:10,85
02:56,58	03:00,11	02:51,49	02:54,92	02:50,18	02:53,58	02:46,06	02:49,38	200 Breast	02:42,11	02:45,35	02:37,50	02:40,65	02:34,79	02:37,89	02:31,71	02:34,74
00:30,22	00:30,82	00:30,22	00:30,82	00:30,22	00:30,82	00:30,22	00:30,82	50 Fly	00:27,24	00:27,78	00:27,24	00:27,78	00:27,24	00:27,78	00:27,24	00:27,78
01:09,48	01:10,87	01:07,80	01:09,16	01:06,76	01:08,10	01:05,64	01:06,95	100 Fly	01:03,45	01:04,72	01:01,54	01:02,77	01:00,51	01:01,72	00:59,18	01:00,36
02:37,97	02:41,13	02:33,09	02:36,15	02:30,89	02:33,91	02:27,20	02:30,14	200 Fy	02:24,32	02:27,21	02:19,83	02:22,63	02:17,01	02:19,75	02:13,51	02:16,18
02:35,76	02:38,88	02:32,57	02:35,62	02:30,38	02:33,39	02:27,80	02:30,76	200 IM	02:23,60	02:26,47	02:19,92	02:22,72	02:18,16	02:20,92	02:14,85	02:17,55
05:32,23	05:38,87	05:24,53	05:31,02	05:19,75	05:26,14	05:14,60	05:20,89	400 IM	05:10,80	05:17,02	05:00,15	05:06,15	04:56,27	05:02,20	04:50,32	04:56,13

SC	Temps EASTERN
LC	2% temps EASTERN